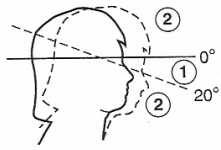


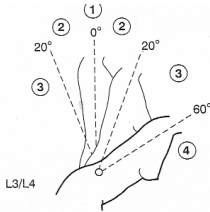
Rapid Entire Body Assessment

Group A



+ 1 if twisted or side flexed

Neck score _____

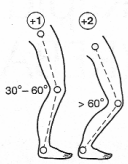


+ 1 if twisted or side flexed

Trunk score _____

1 if bilaterally weight bearing/sitting

2 if unilaterally weight bearing or unstable base



Leg score _____

Table A =

+

Load/Force

=

Score A =

+ 0 if < 5Kg
+ 1 if 5-10Kg
+ 2 if > 10Kg
+ 1 if sudden build up of force

Use Table C

+

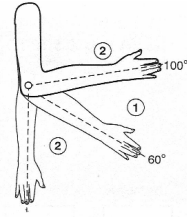
=

+1 if one or more body parts are static for longer than one minute
+1 if small range movements are repeated more than four times a minute
+1 if large rapid change in posture or you become unstable

Activity score

REBA Score

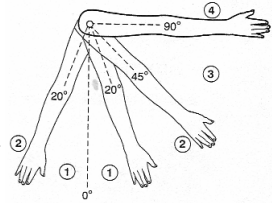
Group B



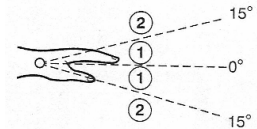
Lower arm score _____
(angle of the elbow)

+ 1 if ab/adducted or raised shoulder
- 1 if supported

Upper arm score _____
(in relation to spine)



+ 1 if deviated or twisted



Wrist score _____

= Table B

+

Coupling

=

= Score B

+ 0 if good
+ 1 if fair
+ 2 if poor
+ 3 if unacceptable

Good = mid range power grip
Fair = fully closed or fingers slightly curled or using some other part of the body
Poor = flat hands
Unacceptable = dangerous

Score

1

2-3

4-7

8-10

11-15

Risk factor

Negligible

Low

Medium

High

Very High

Action

No need for any action

Action has probably already been taken to get to this level

Further consideration should be given as how risk can be lowered

Action needs to taken very soon

Work must cease until a safer solution can be found

Rapid Entire Body Assessment

Table A

		Trunk					
		Legs	1	2	3	4	5
Neck =1	1	1	2	2	3	4	
	2	2	3	4	5	6	
	3	3	4	5	6	7	
	4	4	5	6	7	8	
		Trunk					
		Legs	1	2	3	4	5
Neck =2	1	1	3	4	5	6	
	2	2	4	5	6	7	
	3	3	5	6	7	8	
	4	4	6	7	8	9	
		Trunk					
		Legs	1	2	3	4	5
Neck =3	1	3	4	5	6	7	
	2	3	5	6	7	8	
	3	5	6	7	8	9	
	4	6	7	8	9	9	

Table B

		Upper arm						
		Wrist	1	2	3	4	5	6
Lower arm = 1	1	1	1	3	4	6	7	
	2	2	2	4	5	7	8	
	3	2	3	5	5	8	8	
		Upper arm						
		Wrist	1	2	3	4	5	6
Lower arm = 2	1	1	2	4	5	7	8	
	2	2	3	5	6	8	9	
	3	3	4	5	7	8	9	

Table C

		Score B											
		1	2	3	4	5	6	7	8	9	10	11	12
Score A	1	1	1	1	2	3	3	4	5	6	7	7	7
	2	1	2	2	3	4	4	5	6	6	7	7	8
	3	2	3	3	3	4	5	6	7	7	8	8	8
	4	3	4	4	4	5	6	7	8	8	9	9	9
	5	4	4	4	5	6	7	8	8	9	9	9	9
	6	6	6	6	7	8	8	9	9	10	10	10	10
	7	7	7	7	8	9	9	9	10	10	11	11	11
	8	8	8	8	9	10	10	10	10	10	11	11	11
	9	9	9	9	10	10	10	11	11	11	12	12	12
	10	10	10	10	11	11	11	11	12	12	12	12	12
	11	11	11	11	11	12	12	12	12	12	12	12	12
	12	12	12	12	12	12	12	12	12	12	12	12	12