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Training & Learning for Care  
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## Welcome

We have had a good response to our first caption competition so we are going to make it a regular feature.

The winners details have been published on the back page and your prizes will be "winging" their way to you shortly.

I say "winging" because of our next caption competition which you

will also see on the back page.

I have laid a challenge down to the NBE members which you can read about on page 2. Anyone up for organising it?

Many of you have been asking about the video of me falling from the hoist and how you can get hold of a copy for your

training sessions. I will place it on our website in the downloads section. It should be available by Monday 6<sup>th</sup> October.

Regards

Gavin Wright  
**TLC Managing Director**

## Human Rights Act 1998 – care homes

[http://www.rlb-law.com/Repository/42/files/ch69\\_sept2008.pdf](http://www.rlb-law.com/Repository/42/files/ch69_sept2008.pdf)

The Health & Social Care Act 2008 was finally passed in July. Section 145 provides that care home services provided under contract to a local authority will be subject to the Human Rights Act (as being a function of a public nature).

There is some small additional commentary in the Explanatory Notes to the Act.

The Notes confirm that as a result of Section 145, providers of care home services under contract to a

local authority will be required not to act incompatibly with rights under the European Convention of Human Rights in providing these services.

It will also mean that individuals receiving such accommodation and care can take proceedings against the care home provider under the Human Rights Act if the provider breaches the individual's rights under the Convention. However, Section 145 does not affect

the issue of whether those in the private or voluntary sector who provide other forms of publicly funded care are to be regarded as exercising a public function.

The date for this provision has yet to be decided when to come into force and has as yet not been fixed.

Anyone who wants to know more should contact RadcliffesLeBrasseur at the above mentioned website.

## The Challenge of Aircraft Towing

<http://www.zimbio.com/Wheelchair+Users/articles/2/Evolution+Aircraft+Towing>



*"Wheelchair users pull a Boeing 757 airliner 50 wheelchair bound volunteers used their muscle power to pull the 65 tonne Boeing 757 airliner 100 meters to create a new world record"*

There is a slight possibility that, contrary to popular belief, being in a wheelchair may actually make you stronger. Case in point: 50 wheelchair users volunteered to pull a 65 ton Boeing 757 airliner at Lasham Airfield on September 6, 2008 in Alton, England, 100 meters, to create a world record and raise money for the British Disabled Flyers Association, ***and they did it.*** They are the organisation that we featured with the Ergos Smartlift a few issues ago whom some of you would have seen at the National Back Exchange

Conference in Hinckley.

The group set the record and raised around £10,000 for the charity that offers free trial flying lessons to the terminally ill and disabled.

The writer of the article (someone named Tatiana) wonders if 50 able-bodied people tried to pull one of the world's heaviest planes, what would happen. She's not talking 50 former contestants of the World's Strongest Man competition, just 50 regular people that want to raise money for a

good cause. She doubts the plane would budge an inch. I don't know about you, but that sounds like a challenge to me, what do you think? At the NBE AGM we were mentioning the need of raising money. Maybe we could challenge the BDFA and claim a world record for the NBE. Mike Betts, as the new boss, what do you think?

It just goes to show that, although a person may be labeled as disabled, it doesn't stop them from doing extraordinary things.

## Milton Park hospital makes 'significant improvements'

<http://www.medicalnewstoday.com/articles/122411.php>



*"Staff at the hospital have been cooperative and helpful and this has contributed towards a positive outcome both for the hospital itself and for the patients"*

Milton Park Independent Hospital in Bedfordshire has made "significant improvements" for patient safety after inspectors highlighted several breaches of regulations.

Two unexpected visits from the Health Commission were conducted in May in order to probe staffing levels, training, risk assessment and the general hospital environment.

A number of infringements were observed and the commission ordered the organisation to undertake several measures.

Follow-up visits confirmed that the hospital took sufficient action and is now running at a satisfactory standard.

"Staff at the hospital have been cooperative and helpful and this has contributed towards a positive outcome both for the hospital itself and for the patients," remarked head of investigations Nigel Ellis.

The facility is run by Brookdale Care and was the first purpose-built medical centre for people with autistic spectrum disorders.

It is made up of several houses that can accommodate 1-9 people and it features a specialist unit for adolescents.

## Government 'must improve' patient handling practice

<http://www.kingston.ac.uk/pressoffice/latestnews/2008/september/19-No-clean-bill-of-health-for-Government-according-to-Kingston-nursing-Professor/>

An academic has called for the government to improve its health policies after a survey showed that the majority of nurses were worried about their inability to provide dignified care for patients.

Paul Wainwright, professor of nursing at Kingston University, spoke out on the findings just before the Labour Party conference got underway.

Research from the Royal College of Nursing

analysed the views of over 2,000 nurses regarding several patient handling and practice issues.

It found that eight out of ten respondents sometimes felt distressed or upset because they could not give the care that patients deserved.

Mr Wainwright remarked: "It is widely recognised that some wards are over 100 per cent full. In mental health units we hear of patients sleeping in day rooms on sofas."

He added that mixed wards offer little privacy and are "utterly unacceptable".

The Liberal Democrats have proposed the abolition of mixed wards in mental health centres.




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*" It is widely recognised that some wards are over 100 per cent full "*

## New mobile cancer treatment van designed

<http://www.theautochannel.com/news/2008/09/18/115174.html>

A new mobile unit that could help to improve patient access to cancer treatment has been developed in the US.

Manufacturer Xoft has created the Axxent Xpress mobile electronic brachytherapy van in order to solve logistical problems involved in getting cancer sufferers to vital radiation therapy equipment.

It features fully-operational technology where treatment can be delivered without the need for heavily-shielded rooms.

Special apparatus including shock absorbers and lifting gear have been included in the vans in order to make the handling of patients and sensitive equipment as safe as possible.

"Electronic brachytherapy was designed to help radiation oncologists improve access to critical cancer care and make it available to patients across geography and socioeconomic levels," commented president Michael Klein.

Meanwhile, experts from around the world are

expected to attend the International Symposium on Breast Cancer Research at London's Royal College of Medicine on October 2nd.




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*"Electronic brachytherapy was designed to help radiation oncologists"*

## Irish Red Cross unveils two new ambulances

<http://www.alertnet.org/thenews/fromthefield/irishredcr/160d727b29399a140a1bc0e55d867a16.htm>



*"seven new ambulances"*

Patients in Ireland are set to benefit from seven new ambulances with up-to-date equipment and increased capabilities.

The Irish Red Cross officially received the vehicles from the minister for health and children, Mary Harney, in a ceremony at the Spa Hotel in County Dublin earlier this week.

It brings the number of ambulances in the fleet to 100 and it is hoped that improved apparatus will contribute to better patient handling.

Vice chairman Tony Lawlor commented: "These ambulances will make a tremendous difference to the quality of service we provide throughout the country."

They will also help the Red Cross to provide transport for people with

disabilities or impaired mobility.

Meanwhile, the Welsh Ambulance Service has announced that four new recruits are to join the organisation in Wrexham and Flintshire.

The trainee technicians will provide clinical care while out on the road, according to the Evening Leader.

## Exercise in embarrassment

<http://www.mcknights.com/Rough-waters-rethinking-bathing-in-long-term-care/article/118501/>



*"exercise in embarrassment"*

Long-term care givers must be aware of the "exercise in embarrassment" that bathing can become for those with disabilities, it has been claimed.

Although an able-bodied person usually requires only privacy to comfortably bathe, it can be a much more demanding process for those that require assistance, as highlighted by care publication McKnight's.

The bathing ritual can provide challenges for care workers involved

in moving and handling, yet employees are becoming more aware of the issue, it stated.

Due to growing numbers of people with obesity, more durable equipment is required for lifting apparatus, which is essential to get some patients into a bath or shower.

Joyce Moraczewski, a marketing coordinator for Pine Island, a US based lifting equipment firm, told the news provider that although some may be nervous about using the gear, "if the staff are

competent and able to convey the increased safety involved, residents generally feel much better".

Employees have a duty of care to vulnerable patients that cannot cater for their personal hygiene, according to Sefton Social Services.

## Osteopaths to demonstrate good lifting techniques at upcoming show

No link available

Trained osteopaths will be on hand to offer advice about back pain and other medical issues at the Back Show Exhibition, which starts on October 4th at the Olympia Exhibition Centre in London.

Workers from the British Osteopathic Association will demonstrate to members of the public how osteopathy can help with spine and joint ailments caused by

bad posture and lifting techniques.

Head of professional development Kelston Chorley will lead a debate where an expert panel of physiotherapists, osteopaths and chiropractors will answer questions from the audience.

The show coincides with Back Awareness week, which runs from October 4th-10th.

Back ache is thought to affect around 80 per cent of the UK population and is a significant issue for those in the medical moving and handling business.

Evidence-Based Patient Handling, a publication from Routledge, outlines the financial cost incurred by back pain and notes that practice needs to be improved in the field.



*"Back Awareness week, which runs from October 4th-10th"*

## Congratulations to us

We thought we would blow our own trumpet in this issue and say congratulations to ourselves. TLC are the only moving and handling company to be represented in the official "60 years of the NHS" publication as published by St.James House. We are one of only two private companies that were chosen in the training section. To make the achievement even better, we take the centre spread of the 620 page publication.

Not for general sale, this book has been published as a historical reference tool for the future. It has been released to key members of the NHS as well as historical archives.

This is a weighty book.

Chapter 1 looks at the history of the NHS from its foundation. Each of the remaining chapters are broken into two sections. The [viewpoint](#) from eminent medical professionals and a [best practice](#) section which details organisations which have made valuable contributions to the NHS both past and present.

Ch.2 is dealing with Medical & Surgical equipment. Ch.3 is pharmaceutical, ch.4 is looking into biotechnology, ch.5 is medical and health technology and ch.6 is dealing with professional and management services.

Ch.7 is where TLC take the full centre pages which is dealing with Education, Training and Incentives. Listed as those who provide "[Best Practice](#)" are Aston, Brunel, Staffordshire,

Dundee, Hertfordshire, Liverpool and Southampton Universities, as well as the Babraham institute, Bio Laboratories, Blackwell UK, Break, Brighton & Sussex Medical School, Carrillion, City of London Business College, Eastwood Park, Hull and York Medical School, Imperial College London, Kings College London, NVQ Training & Consultancy Services and of course TLC World-wide Ltd.

The other ch.'s cover care and special needs, ofcare, disability and mobility, facilities management and healthy lifestyle.

As mentioned earlier, this book is not for general release. You may soon be able to access it through your hospital library



*"this book is not for general release"*

reference section. However, we have three copies to give away in this issues caption competition. So for your chance to own this very large tome, get your speaking balloon to the ready on the back page.

**Discount for training key workers**

www.movingandhandlinginstructors.co.uk



*"Training pack is valued at £203 (free to course delegates) contact Gavin at TLC on 0191 5184488"*

The cost of training key workers with an accredited qualification can be very high. Typically, a five day moving and handling instructors course with OCR accreditation will cost £675 + vat (£793.13) including OCR certification.

TLC are offering readers of this newsletter massive discounts in both the training of key workers and others who wish to gain an accredited qualification in moving and handling instruction.

Rather than paying per person, we are offering a course rate to academic institutions, NHS trusts and nursing home groups as well as

to other organisations. The course rate is £4200. Providing there are seven individuals on the course, this effectively reduces the cost per person by £75 + vat. However, if twelve (full course) individuals are placed on the course, this reduces the cost further to just £350 a saving of £325 + vat per person.

Not only does the course cost include OCR certification, comprehensive training materials are included also. Currently, the training pack includes, the **Instructors course notes 6<sup>th</sup> edition**, a **CD-ROM** containing an easily navigable presentation containing over 200 slides covering subjects such as legislation, duty

of care, anatomy and physiology, risk assessment and perception. A **100 minute DVD** which contains 17 mini-lectures of about 2 minutes each. Also moving and handling principles and techniques are demonstrated with their REBA scores clearly displayed. A **VHS** (while stocks last) of the DVD is also included. All contained in a sturdy presentation pack.

**The next course will be held in Cambridgeshire at the Doddington Community Hospital the last week in October.**

Newsletter subscribers who would like to attend this course will be eligible to a 10% discounted price.

**Print this page** and fax back to (0191) 5184333 or call (0191) 5184488, or e-mail [info@tlcworld-wide.com](mailto:info@tlcworld-wide.com)

I am interested in the following, please contact me;

- Online moving and handling training for care/nursing staff
- Online food hygiene training
- Online refresher training for moving and handling instructors
  
- Classroom moving and handling training for care/nursing staff
- Classroom moving and handling training for non clinical staff
- Classroom refresher training for moving and handling instructors
  
- [Moving and Handling Instructors Certificate \(5 days classroom\)](#) refers to the above
- Moving and Handling Instructors Diploma (7 - 12 days classroom + distance learning)

Name.....

Address.....

.....

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Tel:.....

e-mail:.....

Best time to call.....

## NBE Conference

<http://www.nationalbackexchange.org/>

The National Back Exchange held its annual conference and AGM this week which was attended by some of the readers of this newsletter. I must urge all readers to attend next year, you don't know what you are missing. Although, on second thoughts, don't. You won't all fit in. There are 1040 readers of this newsletter. I am not going to give a full conference run down, If you are an NBE member then you can read about that in "Column". If you are not, you should be. Suffice to say that the content was very good.

Dries Hettinger, research manager from BackCare, told us that back pain should be met with optimism. Mike Fray showed how BCAs need to better understand interventions, outcomes and how to measure success. Sean Woodcock discussed the challenges of bariatric surgery. He also picked out my home town as being the most obese in the EU. I keep getting told to loose weight.

These were just some of the sessions that were covered, but obviously, with the smaller

classroom sessions there was a wealth of information that was disseminated. The networking between trainers and suppliers alike was also worth the effort of being there.

Smartlift told me they had made some good contacts and are making good progress. Select Healthcare are always at these events as are Quintal Healthcare and Mangar.

20 Years the NBE has been going now.



*"National Back Exchange, 20 Years old"*

## Islamabad newspaper urges back pain sufferers to stay active.

[http://thepost.com.pk/Arc\\_IsbNews.aspx?dtlid=184946&catid=17&date=09/26/2008&fcid=14](http://thepost.com.pk/Arc_IsbNews.aspx?dtlid=184946&catid=17&date=09/26/2008&fcid=14)

It is good to know that although the UK is one of the leading authorities when it comes to back care, other countries take the matter seriously as well.

In Pakistan, for instance, a newspaper in Islamabad have been quoting research done by the University of Warwick, quoted in the British Medical Journal (25 Sept issue) saying that Staying active if you're struggling with back pain, you may do just as well as those

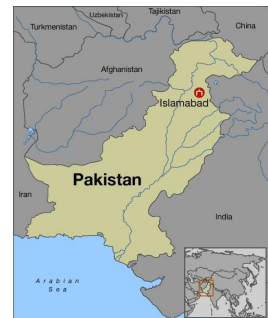
who go to physical therapy sessions.

One group of 142 people who were experiencing back pain for at least 6 months were given advice only whereas the other group of 144 people who were given over to physiotherapists.

The paper doesn't go into great depth, nor does it explain the likelihood of compliance between the two groups, but it does show that the concern for back pain is cross

border and that those with cultural connections could use the expertise they get from this country to carry the message abroad.

Also in a country where finances are an issue, any advice which can save money for desperate individuals is welcomed.



*"the concern for back pain is cross-border"*

Last Competition



"The Australian Lift"

We have chosen our five winners for last issues caption competition. Each of them will receive one copy of TLC's Assisting People 2006 DVD (**originally sold for £117.50**).

The winners are, and in no particular order;

"I think I've found the missing screw!" Pippa Archibald of Southampton City Council.

"What a strange place to put the control panel!" Phil Loxton of Dorset PCT

"REBA... Rapid Ejection and Broken Arm....." Ian Black of Gateshead Council

The most common suggestion we had was

variations to do with LOLER so we had to make one of these a winner. We put them all in a hat and picked one out. The winner was;

"Now this is taking LOLER inspections to far" Philip Redford also of Dorset PCT

The final winner we had to give for the longest caption that has ever been entered into a caption competition; "This simple home traction system for back pain suffers allows the user to continue with their busy lifestyles , recommended activities to undertake when using this simple system are floor cleaning, fluff picking, dog grooming, weeding or planting out seedlings, or practice preparation for the annual bungee jump." Meriel

Flux of Surrey and Sussex Healthcare NHS Trust.

We decided to give a sixth prize because we felt a little bit guilty having used their product without asking them; "upon closer inspection, the client deemed that the paint finish on the LOCOMOTOR ESCORT Hoist was of excellent quality" Nick Collins of Select Healthcare.

Thank you to everyone who entered, we had a chuckle each time one came in to the office. If you weren't successful please try again this time round. If you were, try again anyway.

This Competition

We had a good response for the last competition, so lets see if we can get another good response time around. We have chosen the picture from page 2 about the BDFA pulling the jet airliner. What do you think he is saying?

We have 3 copies of the book mentioned on page 5 to give away to the winners.

So get your thinking caps on and reply to this e-mail with your entries.

I'd like to see the national back exchange members do better.

